

## HELPING & SUPPORTING THE BEREAVED COLLEGE STUDENT

Grief is a personal, unique experience for young adults after loss in their lives. The loss could be due to the death of someone close to them or it could be due to another type of loss or life transition. This presentation will explore both theoretical underpinnings of grief and loss, as well as practical ways to support bereaved college students. Attendees will learn about the different type of losses facing college students, including loss of a parent, loss of a peer, loss due to suicide, or loss due to substance abuse. This interactive presentation will explain effective modes of support along with specific activities and techniques for helping bereaved college students in both group and individual support settings.

This presentation will be given by members of the Satori Group ([thesatorigroup.org](http://thesatorigroup.org)):  
Pamela Gabbay, EDD, FT &  
Andy McNiel, MA

### Learning Objectives:

- ◆ Define clearly the nature of traumatic stress, grief, & loss and their sequelae.
- ◆ Explain and apply theoretical constructs and frameworks related to bereavement.
- ◆ Identify the five Universal Realities of Grief and their role in providing support to grieving college students.
- ◆ Describe and differentiate different types of losses that college students face including loss due to death, divorce, and abandonment.
- ◆ Analyze treatment modalities and practice specific activities and techniques for supporting bereaved college students in group and individual support settings.

Materials discussed and/or presented in the event may include interventions and modalities that are beyond your authorized practice of mental health. You are responsible to review your scope of practice and comply with the legal and ethical standards of your profession and/or licensing board.

**JUNE 7, 2018**  
**8:30AM – 4:00PM**



**AT**  
**POZYCKI HALL**

**MONMOUTH UNIVERSITY**  
**400 CEDAR AVENUE**  
**W. LONG BRANCH, NJ 07764**

### CONFERENCE SCHEDULE:

8:30A Pozycki Lobby  
Check-In & Continental Breakfast\*  
9:15A Pozycki Auditorium  
Opening Remarks\*  
9:30A Pozycki Auditorium  
Didactic training regarding grief and  
bereavement begins  
Noon Pozycki Atrium & Patio  
Lunch & NJCCA Award Ceremony\*  
1:00P Pozycki Auditorium  
Didactic and interactive training  
regarding grief begins  
4:00P Pozycki Lobby  
Evaluations, Sign-Out, &  
Certificate Pick-Up\*

**For more information,**  
**online registration, and payment:**

[http://www.njcollegecounseling.org/  
conference-2018.html](http://www.njcollegecounseling.org/conference-2018.html)

\*Portions that do NOT qualify for NBCC credit

## NEW JERSEY COLLEGE COUNSELING ASSOCIATION



### ANNUAL CONFERENCE

**JUNE 7, 2018**

## HELPING & SUPPORTING THE BEREAVED COLLEGE STUDENT

## NEW JERSEY COLLEGE COUNSELING ASSOCIATION (NJCCA)

NJCCA is a non-profit organization that promotes communication, professional development, and advancement for counselors working in college settings in the State of New Jersey. These goals are being accomplished by:

- Establishing forums where counselors can discuss and exchange ideas related to issues and problems pertinent to the field.
- Providing continuing education through the organization of state conferences and workshops.
- Promulgating current ethical standards.
- Disseminating information about advancements in the field, best practices, conferences, seminars and presentations that take place at the state level and nationwide.
- Conducting discussions of current issues important to counselors.
- Advocating for the specialty practice of counseling in post-secondary education.

We welcome counselors, social workers, psychiatrists, psychologists, alcohol and drug counselors, or other professionals who work with in institutions of higher education.

### Executive Board

**Co-President:** Lisa Spatafore, PsyD  
**Co-President:** Katie Rizman, LCSW  
**Vice-President:** Jonathan Murakami, PsyD  
**Treasurer:** Chris McKittrick, LPC, NCC  
**Secretary:** Nicole Peluso, LPC, NCC  
**Members-At-Large:** Phyllis Bolling, PhD; Andrew J. Lee, PsyD; James Mandala, PhD; Bill Maurice, LPC, LCADC; Kate Pandolpho PhD., LPC

## REGISTRATION INFORMATION

### Conference registration includes:

- Continental breakfast
- Conference materials
- Lunch (sandwich, salad, chips, & beverage)
- Certificates of Completion\*  
\*see *Continuing Education* for details

Conference Cost:	Register prior to 5/18/18	Register After 5/18/18
NJCCA Professional Member <sup>o</sup>	\$75	\$100
NJCCA Student Member <sup>o</sup>	\$35	\$45
Non-member	\$110	\$150

<sup>o</sup>Active membership at time of conference

### NJCCA Membership Cost

Professional	\$35
Graduate Student	\$15

### Register ONLINE at:

<http://www.njcollegecounseling.org/registration-2018.html>

Registration Deadline June 1, 2018

### Payment:

- ◇ Credit or Debit Card:  
Online with registration
- ◇ Checks or Purchase Orders after online registration, payable to  
 New Jersey College Counseling Association  
Mail to:  
 New Jersey College Counseling Association  
 Attn: Chris McKittrick, Counseling Services  
 400 Cedar Ave  
 W. Long Branch, NJ 07764

**Payments must be received prior to conference**

### Cancellation Policy:

Written request for cancellation received prior to June 1, 2018 will be granted a full refund.  
 Email: [cmckittr@monmouth.edu](mailto:cmckittr@monmouth.edu) to cancel.  
 No refunds will be issued for requests to cancel after June 1, 2018 and/or for failure to attend part/all of the event

## CONTINUING EDUCATION

Certificates of Completion will be available at the end of the event for participants who register prior to the event date and attend the full day. Credits listed below are for full attendance at the live event only.

Credit requirements and approvals vary by state board regulations. It is the responsibility of the attendee to determine what providers/programs their licensing board accepts.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and event approvals.



New Jersey College Counseling Association (NJCCA) has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 2084. Programs that do not qualify for NBCC credit are clearly identified. NJCCA is solely responsible for all aspects of the programs.

### NJ Licensed Professional Counselors (LPC):

This intermediate activity consists of 5.5 clock hours of continuing education instruction. Aligning with N.J.A.C 13:34-15.4(a)1, the Professional Counselor Examiners Committee of New Jersey recognizes continuing education for LPCs from courses and programs approved by the NBCC.

### NJ Licensed Clinical Social Workers (LCSW):

Aligning with N.J.A.C 13:44G-6.4(c)12, LCSWs may obtain continuing education from courses and programs recognized by the Professional Counselor Examiners Committee of New Jersey.

There is no commercial support received for this event.

### ADA needs:

If you require accommodations for ADA needs, please notify NJCCA at time of registration. The facilities at Monmouth University meet ADA accessibility standards.

